

Disclaimers:

I am a Board Certified Holistic Health Practitioner with the American Association of Drugless Practitioners. I received my training from the Institute of Integrative Nutrition in New York, NY, USA, where I studied over 100 dietary theories, practical lifestyle management techniques, and innovative coaching methods with some of the world's top health and wellness experts, including Dr. Andrew Weil, Dr. Deepak Chopra, Dr. David Katz, Dr. Walter Willett, Dr. Mark Hyman, Dr. Alejandro Junger, Dr. John Douillard, Dr. Liz Lipski, Dr. Josh Axe, Donna Gates, and many other leading researchers and nutrition authorities.

Drawing on my background, training, skills, and life experiences, I support my clients of (insert name of business) spiritually, mentally, emotionally, and physically.

I am not a medical doctor, dietician, nor nutritionist. I do not hold a degree in medicine, dietetics, or nutrition. I make no claims to any specialized medical training, nor do I dispense medical advice or prescriptions. This content is not intended to diagnose or treat any diseases. It is intended to be provided for informational, educational, and self-empowerment purposes ONLY. Please consult with your doctor or wellness team if you have any questions regarding this whole foods program, and then make your own well-informed decisions based upon what is best for your unique genetics, culture, conditions, and stage of life.

As with most digital and print offerings, from audio and eBook retailers: There are no refunds on programs or products that can be downloaded, viewed, copied, or stored in an electronic format. This is industry standard. Therefore, this program is non-refundable, so please read the full program details and F.A.Qs before purchasing any program or product.

If you are an Institute for Integrative Nutrition (IIN) former/current/alumni student, or other wellness professional, that has purchased this program for your own personal use, and you decide not to use it, you agree that you cannot sell to, share, or exchange any of this copyrighted material with any other IIN former/current/alumni student, nor any other health and wellness professional, customer, or client. This material is strictly for your personal use and benefit, therefore, no part of it can be used in any other business manner, including, but not limited to reselling of information within your practice. If you would like support in including a signature detox program within your own business practice, please contact me for additional information.

All materials are copyrighted and remain the property of their respective owners. Materials made available to the private group forums, by email, or any other means, may not be distributed in any fashion, print nor electronic, without the expressed written permission of the respective owner. Copyright © 2014 LSM Innovations LLC DBA Coach With Lisa. All rights reserved. Thank you for your professional understanding.

PLEASE NOTE: All contents within this guide are based on my personal knowledge, opinions, and experience as a holistic health coach. Please consult a medical advisor regarding medications or medical advice.

I look forward to working with you.

XOXO Lisa

